

GRADES 7&8 PHYSICAL EDUCATION

Organizing Concepts	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge			Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge
Month	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May	June
Activities	Football Soccer Physical Fitness Test Ultimate Matball	Ultimate Frisbee Flag Tag Team Frisbee Bowling	Paddle Ball Handball	HEALTH	HEALTH	Basketball Hockey Badminton	Pickleball Volleyball Team Handball	Softball Wiffle Ball	Physical Fitness Test Track & Field Golf	Speedball Project Adventure Field Hockey Lacrosse
Lead-Up/ Related Games	Flag Football Ultimate Football World Cup Soccer Sideline Soccer Soccer Kickball	Frisbee Golf Link Tag	Donkey	HEALTH	HEALTH	Knock Out Ultimate Basketball Pillow Polo	Beach ball volleyball Volleyball	Batball Tennis Baseball	50 yard dash Long distance run Long jump Discus throw	Acid River Spider Web Rock Wall
C.C.S.	2.1, 2.5, 2.6	2.1, 2.5, 2.6	2.1, 2.5, 2.6			2.1, 2.5, 2.6	2.1, 2.5, 2.6	2.1, 2.5, 2.6	2.1, 2.5, 2.6	2.1, 2.5, 2.6