

# GRADES 5&6 PHYSICAL EDUCATION

<b>Organizing Concepts</b>	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge			Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge	Skill Improvement/ Game Knowledge
<b>Month</b>	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May	June
<b>Activities</b>	Football  Soccer  Physical Fitness Test  Ultimate Matball	Tag Games  Relay Races  Tumbling  Dance	Paddle Ball  Handball	HEALTH	HEALTH	Basketball  Hockey  Bowling	Pickleball  Volleyball  Team Handball	Softball	Physical Fitness Test  Track & Field	Speedball  Bonkerball  Frisbee
<b>Lead-Up/ Related Games</b>	Zone Football  Ultimate Football  World Cup Soccer  Sideline Soccer  Soccer Kickball	Link Tag  Pac Man Tag  Turtle Tag  Flag Tag	Donkey	HEALTH	HEALTH	Knock Out  Ultimate Basketball  Pillow Polo	Beach ball volleyball  Volleyball	Wiffle Ball  Batball  Tennis Baseball	50 yard dash  Long distance run  Long jump	Team Frisbee
<b>C.C.S.</b>	2.1, 2.5, 2.6	2.1, 2.5, 2.6	2.1, 2.5, 2.6			2.1, 2.5, 2.6	2.1, 2.5, 2.6	2.1, 2.5, 2.6	2.1, 2.5, 2.6	2.1, 2.5, 2.6