

Walter T. Bergen Middle School

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WALTER T. BERGEN SCHOOL SPORTS PHYSICALS

Sports physicals for the 2008-2009 school year will be held on September 25th, October 2nd and 9th from 10:00AM to 12:00 Noon in the Health Office.

Sport physicals are for a twelve month period and therefore are required annually if your child wishes to participate in school sports.

Sports will commence in early October, so it is imperative that I receive required forms as soon as possible.

Part A: Health History Questionnaire (to be completed by parent)

- Indicate the grade that your child is in for the 2008-2009 School Year.
- Both Parent and student signatures are required.
- All information on both pages must be completed and SIGNED, incomplete forms will be returned.

Part B: Physical Examination Form (to be completed by the Physician)

- You may choose to have the examination done by Dr. Ostengaard, the school physician; alternately, you may choose to have the examination performed by your personal physician.
- Complete both information sections. These are the top sections labeled "student information" and "physician information" marked with a star.
- It is extremely important that the forms are accurately completed in order for your child to be scheduled for the physical.
- Remember to bring Part B to the school for Dr. Ostengaard to complete during the physical.
- If you choose to have your private physician do the exam, have both Parts A & B completed and signed and returned to the School Health Office as soon as possible.

THIS WILL BE THE ONLY OPPORTUNITY FOR YOUR CHILD TO RECEIVE A PHYSICAL THROUGH THE SCHOOL UNTIL FALL 2009.

