














Walter T. Bergen Middle



Maschio's Food Services, Inc.

January Menu 2010

Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>Our Lunches Meet Or Exceed The USDA Guidelines</i></p>		<p><i>Welcome Back</i></p> <p>A HAPPY NEW YEAR</p>	
<p>4 Hot Dog/Bun Baked Beans Chilled Pears Milk Choice</p>	<p>5 Pasta/Meat Sauce Garlic Bread Tossed Salad Chilled Applesauce Milk Choice</p> 	<p>6 Waffles Diced Ham Hash Browns Warm Apple Slices Milk Choice</p>	<p>7 Chicken Nuggets/Roll Steamed Rice/Gravy Peas Chilled Peaches Milk Choice</p>	<p>8 AJ'S Pizza Baby Carrots & Dip Chilled Apple Juice Milk Choice</p> 
<p>11 Hot Dog/Bun Baked Beans Chilled Peaches Milk Choice</p> 	<p>12 Breaded Chicken Dinner Roll Mashed Potato/Gravy Chilled Grape Juice Milk Choice</p>	<p>13 <i>Winter Picnic</i> Cheeseburger/Bun Cole Slaw Baked Chips Fresh Apple Milk Choice</p> 	<p>14 Chicken Chow Mien Crunchy Noodles Steamed Rice Chilled Pineapples Milk Choice</p>	<p>15 <i>New Item</i> Papa Tony's Pizza Tossed Salad Chilled Pears Milk Choice</p> 
<p>18 <i>Martin Luther King Day</i> <i>School Closed</i></p>	<p>19 Hot Dog/Bun Chili Topping Potato Wedges Chilled Applesauce Milk Choice</p>	<p>20 Nacho Platter Beef, Cheese, Salsa Over Nacho Chips Lettuce & Tomato Cup Chilled Fruit Cup Milk Choice</p>	<p>21 <i>Lucky Sticker Day</i> Hot Turkey Sandwich Mashed Potato/Gravy Peas & Carrots Chilled Grape Juice Milk Choice</p>	<p>22 AJ'S Pizza Veggie Pasta Salad Chilled Pears Milk Choice</p>
<p>25 Hamburger/Bun Lettuce, Tomato & Pickle Chilled Apricots Milk Choice</p> 	<p>26 Macaroni & Cheese Buttermilk Biscuit Steamed Carrots Chilled Fruit Juice Milk Choice</p>	<p>27 Chicken Parm Sandwich Side Of Pasta Green Bean Salad Chilled Applesauce Milk Choice</p>	<p>28 Chicken Fajita /Nacho's Steamed Rice Mexican Corn Chilled Pears Milk Choice</p> 	<p>29 Papa Tony's Pizza Garden Salad Chilled Peaches Milk Choice</p> 

- Student Lunch \$ 2.75
- Adult Lunch \$ 4.50
- Fresh Fruit \$.75
- Baked Chips \$.75
- Ice Cream \$1.00/1.25
- Cookie \$.35
- Hot Pretzel \$.75
- Spring Water \$1.00
- Milk \$.55
- Entrée \$ 2.20
- Cereal Bowl \$ 1.25
- Ex.slice Pizza \$ 2.00
- Snapple \$ 1.25
- Bagel/Cr. Cheese \$ 1.25
- Extra Cr. Cheese \$.35
- Pretzel Rod \$ 1.10

Available Daily
"Grab n Go"
Salad Platters
\$2.75

Mon. Buffalo Chicken
Tues. Chicken Cesar
Wed. Egg Salad
Thurs. Chicken Fajita
Fri. Tuna salad

Includes Vegetable & Fruit of the Day & Milk choice

Bread Basket Daily



"SANDWICH STACKERS"
\$2.75

Assorted Sandwiches & Wraps available in place of Hot Entrée.

Monday: Turkey & Cheese Wrap
Tuesday Ham & Cheese
Wednesday :Egg Salad
Thursday :Italian Hero Sand.
Friday: Tuna Salad

Includes Vegetable, Fruit & Milk Choice

PB&J Sandwich Now Available.



Choice of flavored or unflavored low fat milk,

MENU SUBJECT TO CHANGE

Make Checks

Payable to

Bloomington

BOE

Lunch Tickets available in the cafeteria:
20 meals- \$55.00

