

## CAP BIBLIOGRAPHY FOR PARENTS AND TEACHERS ON BULLYING

Over the past several years, information and resources on bullying has increased considerably. This list is not all-inclusive and represents just a sample of the materials available. Although these materials were selected as educational resources for teachers, students and parents, their presence does not represent an endorsement by CAP.

### **Books for Adults:**

- Beane, A.L. (1999). *The Bully Free Classroom*. Minneapolis, MN: Free Spirit Publishing.
- Besag, V.E. (1989). *Bullies and Victims in Schools. A Guide to Understanding and Management*. Berkshire, England: Open University Press.
- Coloroso, B. (2003). *The Bully, the Bullied, and the Bystander: From Preschool to High School, How Parents and Teachers Can Help Break the Cycle of Violence*. New York: Harper Resource.
- Duke, M.P., Nowicki, S., Martin, E.A. (1996). *Teaching Your Child the Language of Social Success* Peachtree Books.
- Espelage, D. & Swearer, S. M. (Eds.) (2003). *Bullying in American Schools: A Social-Ecological Perspective on Prevention and Intervention*. Mahwah, NJ: Lawrence Erlbaum Associates, Inc.
- Fine, E. S., Lacey, A., and Baer, J. (1995). *Children as Peacemakers*. Portsmouth, NH: Heinemann.
- Fitzgerald, D. (1999). *Bullying in Our Schools: Understanding & Tackling Bullying - A Guide for Schools*. Dublin, Ireland: Blackhall Publishing Ltd.
- Freeman, J. (2002). *Easing the Teasing: Helping Your Child Cope with Name Calling, Ridicule, and Verbal Bullying*. Contemporary Books.
- Fried, S. & Fried, P. (1996). *Bullies & Victims: Helping Your Child Through the Schoolyard Battlefield*. New York: M. Evans and Company.
- Froschl, M., Sprung, B., & Mullin, N. (1998). *Quit It!: A Teacher's Guide on Teasing & Bullying*. New York: Educational Equity Concepts, Inc.
- Garbarino, J., (2002) **And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harassment, and Emotional Violence**. Free Press.
- Garrity, C., Jens, K., Porter, W., Sager, N., and Short-Camilli, C. (1996). *Bully-Proofing Your School*. Longmont, CO: Sopris West Publishers.
- Greenbaum, S., Turner, B., & Stephens, R.D. (1996). *Set Straight on Bullies*. Westlake Village, CA: National School Safety Center.
- Gussin Paley, V. (1993). *You Can't Say You Can't Play*. Harvard University Press
- Hoover, J. & Oliver, R. (1996). *The Bullying Prevention Handbook: A Guide for Principals, Teachers, and Counselors*. Bloomington, IN: National Education Service.
- McCoy, Elin (1997). **What to Do When Kids are Mean to Your Child: Real Solutions from Experts, Parents and Kids**. Pleasantville, NY: Readers Digest Parenting Guides (ages 5 to 13)
- Miller, S., Brodine, J., & Miller, T. (Eds.). (1996). *Safe by Design: Planning for Peaceful School Communities*. Seattle, WA: Committee for Children.
- Nowicki, S. & Duke, M.P. (1992). **Helping the Child Who Doesn't Fit In**. Atlanta, GA: Peachtree Publishers.
- Olweus, D. (1993). *Bullying at School: What We Know and What We Can Do*. Williston, VT: Blackwell Publishers.
- Olweus, D., Limber, S., & Mihalic, S. (1999). *Blueprints for Violence Prevention, Book Nine: Bullying Prevention Program*. Boulder, CO: Center for the Study and Prevention of Violence.
- Rigby, K. (1997). *Bullying in Schools: And What to Do About It*. London: Jessica Kingsley Publishers.
- Rigby, K. (2001). *Stop the Bullying: A Handbook for Schools*. Markham, Ontario, Canada: Pembroke Publishers.
- Rigby, K. (2002). **New Perspectives on Bullying**; Jessica Kingsley Publisher
- Ross, D. M. (2003). *Childhood Bullying and Teasing: What School Personnel, Other Professionals, and Parents Can Do (2nd ed.)*. Alexandria, VA: American Counseling Association.
- Sharp, S. & Smith, P.K. (Eds.) (1994). *Tackling Bullying in Your School*. New York: Routledge.
- Silverman, C. (1994). *Safe at School: Awareness and Action for Parents of Kids K-12*. Minneapolis, MN: Saunders Free Spirit Publishing Inc.
- Smith, P. K., Pepler, D., & Rigby, K. (Eds.). (in press). *Bullying in Schools: How Successful Can Interventions Be?* Cambridge, England: Cambridge University Press.
- Stein, N., Sjostrom, L., & Gaberman, E. (1996). *Bullyproof: A Teacher's Guide on Teasing and Bullying for Use With Fourth and Fifth Grade Students*. Wellesley, MA: Centers for Women.
- Webster-Doyle, T. (1999). *Why Is Everybody Always Picking On Me? A Guide to Handling Bullies*. New York: Weatherhill.
- Wetton, N. & Boddington, N. (1998). *Schools Without Fear: A Realistic Guide to Tackling Bullying as a Whole School Issue*. London: Forbes Publications Ltd.
- Zarzour, K. (1999). *The Schoolyard Bully: How to Cope with Conflict and Raise an Assertive Child*. Toronto, Ontario, Canada: Harper Collins.

## Reports and Fact Sheets

- **Addressing the Problem of Juvenile Bullying**  
[www.ncjrs.org/pdffiles1/ojjdp/fs200127.pdf](http://www.ncjrs.org/pdffiles1/ojjdp/fs200127.pdf)
- **Annual Report on School Safety**  
[www.ncjrs.org/pdffiles1/ojjdp/193163.pdf](http://www.ncjrs.org/pdffiles1/ojjdp/193163.pdf)
- **Best Practices of Youth Violence Prevention: A Sourcebook for Community Action**  
[www.cdc.gov/ncipc/dvp/bestpractices.htm](http://www.cdc.gov/ncipc/dvp/bestpractices.htm)
- **Bullying at School: Indicators of School Crime and Safety, 2003**  
[nces.ed.gov/pubs2004/crime03/6.asp?nav=1](http://nces.ed.gov/pubs2004/crime03/6.asp?nav=1)
- **Combating Fear and Restoring Safety in Schools**  
[www.ojjdp.ncjrs.org/jbulletin/9804/contents.html](http://www.ojjdp.ncjrs.org/jbulletin/9804/contents.html)
- **Early Warning, Timely Response: A Guide to Safe Schools**  
[www.ed.gov/offices/OSERS/OSEP/Products/earlywrn.html](http://www.ed.gov/offices/OSERS/OSEP/Products/earlywrn.html)
- **The Final Report and Findings of the Safe School Initiative: Implications for the Prevention of School Attacks in the United States**  
[www.secretservice.gov/ntac/ssi\\_final\\_report.pdf](http://www.secretservice.gov/ntac/ssi_final_report.pdf)
- **A Guide to Effective Statewide Laws/Policies: Preventing Discrimination Against LGBT Students in K-12 Schools**
- [www.lambdalegal.org/binary-data/LAMBDA\\_PDF/pdf/61.pdf](http://www.lambdalegal.org/binary-data/LAMBDA_PDF/pdf/61.pdf)
- **Preventing Bullying: A Manual for Schools and Communities**  
[www.edpubs.ed.gov/webstore/Content/search.asp](http://www.edpubs.ed.gov/webstore/Content/search.asp)
- **Preventing Youth Hate Crime**  
[www.ed.gov/pubs/HateCrime/start.html](http://www.ed.gov/pubs/HateCrime/start.html)
- **Safeguarding Our Children: An Action Guide**  
[www.ed.gov/offices/OSERS/OSEP/Products/ActionGuide/](http://www.ed.gov/offices/OSERS/OSEP/Products/ActionGuide/)
- **Schoolwide Prevention of Bullying**  
[www.nwrel.org/request/dec01/](http://www.nwrel.org/request/dec01/)
- **Threat Assessment in Schools: A Guide to Managing Threatening Situations and to Creating Safe School Climates**  
[www.secretservice.gov/ntac/ssi\\_guide.pdf](http://www.secretservice.gov/ntac/ssi_guide.pdf)
- **Youth Violence: A Report of the Surgeon General**  
[www.surgeongeneral.gov/library/youthviolence/](http://www.surgeongeneral.gov/library/youthviolence/)

## Videos and CD-ROMs

- **The Broken Toy** [video] by Thomas Brown. Available from the Educational Media Corporation, Box 21311, 4256 Central Avenue NE, Minneapolis, MN 55421, (612) 781-0088.
- **Bully Breath: How to Tame a Troublemaker** [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.
- **Bullying** [video], and the accompanying Teacher Guidebook (1996). Available from South Carolina Educational Television, Marketing Department, PO Box 1100, Columbia, SC 29211, 1 (800) 553-7752. List price: \$69.95.
- **Bullying at School: Strategies for Prevention** [video] produced by the Toronto Board of Education. Available from King Squire Films Ltd.; 94 Borden Street, Toronto, Ontario, Canada M5S2N1.
- **Highway 81 North, Calhoun, KY 42327, 1 (800) BullySmart** [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.
- **Don't Pick On Me!** [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.
- **How I Learned Not to Be Bullied** [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.
- **Leadership Skills: Bystanders Can Make a Difference** [CD-ROM]. Available from The Interactive Library Series ([www.interactivelibraryseries.com/about.htm](http://www.interactivelibraryseries.com/about.htm)), 1 (727) 459-4314, e-mail: [cdromproducer03@hotmail.com](mailto:cdromproducer03@hotmail.com).
- **Let's Get Real** [film]. Available from "The Respect for All Project" of Women's Educational Media ([www.womedia.org/letsgetreal.htm](http://www.womedia.org/letsgetreal.htm)).
- **No More Teasing!** [video]. Available from The National Center for Violence Prevention, PO Box 9, 102 Highway 81 North, Calhoun, KY 42327, 1 (800) 962-6662.
- **Real People: What's Hate All About** [video]. Available from Sunburst Communications, 101 Castleton Street, P.O. Box 100, Pleasantville, NY 10570, 1 (800) 321-7511. Uses an MTV-style format featuring real teens, experts, and educators to help young people understand this dangerous human emotion.
- **Sticks, Stones, and Stereotypes** [video]. Available from Equity Institute, Inc., P.O. Box 458, Amherst, MA 01004. This video focuses on homophobic, racial and ethnic slurs, the anguish they cause, why young people participate in name-calling, and what they can do to stop it.